2021

CTOBER

Liberty Charter High School Lunch Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
	Menus are subject to change without notice. Offer VS Serve			Min Day - No Lunch
Corn Dog w/Fries Turkey Sub Sandwich Chicken Caesar Salad Mixed Fruit Carroteenies Juice / Milk	Chicken Sandwich Italian Sub Sandwich Taco Salad Apple Beans Juice / Milk	Calzone (Meatball & Cheese) Chicken Ranch Salad Banana Lettuce cup wRanch Juice / Milk	Cali Burrito Turkey Sub Sandwich Chinese Chicken Salad Orange Corn Juice / Milk	8 Min Day - No Lunch
Chicken Sandwich Turkey Sub Sandwich Chicken Caesar Salad Mixed Fruit Carroteenies Juice / Milk	Cheeseburger Italian Combo Sub Sand Taco Salad Apple Beans Juice / Milk	Pizza (Pepp & Cheese) Chicken Ranch Salad Banana Carroteenies & Dip Juice / Milk	14 Mini Corn Dogs w/ Mac& Cheese Turkey Sub Sandwich Chinese Chicken Salad Orange Broccoli w/Dip Juice / Milk	Min Day - No Lunch
18 Chicken Smackers wTater Tots TurkeySub Sandwich Chicken Caesar Salad Mixed Fruit Carroteenies Juice / Milk	Cali Burrito Italian Sub Sandwich Taco Salad Apple Beans Juice / Juice	Min Day - No Lunch	Min Day - No Lunch	Min Day - No Lunch
25	26	27	28	29
Fall Break	Fall Break	Fall Break	Fall Break	Fall Break

Warning: Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we can not guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat a liergies. Consumers with severe allergies should consume food items with caution.

2021

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Liberty High Schools Breakfast

	Monday	Tuesday	vvednesday	Inursday	Friday
4		Menus are subject to change without notice. Offer VS Serve			Breakfast Bar Mixed Fruit Juice Milk
4	Muffin Apple Juice Milk	5 Breakfast Cookie Peaches Juice Milk	Cereal Banana Juice Milk	Mini Cinn Roll Pull-Apart Orange Juice Milk	Honey Bun Mixed Fruit Juice Milk
11	Breakfast Bar Apple Juice Milk	Bagel w/Cream Cheese Peaches Juice Milk	Muffin Banana Juice Milk	14 Mini Bagels Pull-Apart Orange Juice Milk	Yogurt Parfait Mixed Fruit Juice Milk
18	Pop Tart Apple Juice Milk	Cinnamon Roll Peaches Juice Milk	Bagel w/Cream Cheese Banana Juice Milk	Yogurt Parfait Orange Juice Milk	Breakfast Bar Mixed Fruit Juice Milk
25	Crumb Cake Apple Juice Milk	Bagel w/Cream Cheese Peaches Juice Milk	Muffin Banana Juice Milk	Pop Tart Orange Juice Milk	Honey Bun Mixed Fruit Juice Milk

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